

Review and Discussion MT2.2_8

- What were the most significant insights or strategies you gained from today's workshop on Perseverance and Motivation?
- How do you plan to apply the concepts of perseverance and motivation in your personal or professional life moving forward?
- Did you encounter any challenges or areas of confusion during the workshop that you'd like to address?
- How effective did you find the workshop activities, discussions, and presentations in conveying the key concepts of perseverance and motivation?
- Reflecting on your own experiences, can you share a specific instance where perseverance or motivation played a significant role in achieving a goal or overcoming a challenge?
- How do you plan to support and encourage others in your personal or professional circle to cultivate perseverance and motivation?
- Looking back on the workshop, is there any particular topic or aspect of perseverance and motivation that you'd like to explore further in future sessions?

Attachment to MT 2.2_8
Task 2.2



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