

Ice-breaking Activity MT1.2_1

Objective: To kickstart creativity, encourage quick thinking, and promote collaboration.

Instructions:

Begin by explaining the concept of word association and how it can spark creative thinking.

Formation:

Have participants form a circle or sit in a way that allows everyone to see and hear each other.

Starting Word:

Begin with a random word related to the workshop theme or a neutral term (e.g., "Spark," "Imagine," or "Blue"). Say this word out loud.

Passing the Story:

The person to your left must quickly respond with a word that is associated with the initial word. Then, the next person adds another associated word, forming a chain.

Building a Collaborative Story:

Continue around the circle, with each participant adding one word to create a collaborative, imaginative story. Encourage participants to think creatively and not worry too much about making perfect sense.

Time Limit:

Set a timer for 5 minutes. The goal is to create a unique, spontaneous, and entertaining story within this time frame.

Closure:

After 5 minutes, bring the activity to a close. Reflect on the created story and discuss how it reflects the group's collective creativity.

Tips:

Emphasize the importance of building on each other's ideas.

Encourage participants to embrace unexpected and unique contributions.

Keep the atmosphere light and fun.

This activity not only gets participants thinking creatively but also fosters a positive and collaborative atmosphere within the workshop.

Example:

Facilitator: Welcome, everyone! We're going to kick off our creativity workshop with a fun activity called "Word Association Story." We'll be building a spontaneous story together by associating words. I'll start with a word, and then each of you will add one word to continue the story. Let's keep it light and have some fun!

Facilitator: (Starts with the word) "Imagine."

Participant 1: "Adventure."

Participant 2: "Mysterious."

Participant 3: "Forest."

Participant 4: "Enchanted."

Participant 5: "Creatures."

Participant 6: "Sparkling."

Participant 7: "River."

Participant 8: "Whispering."

Participant 9: "Secrets."

Participant 10: "Magical."

Facilitator: Great job, everyone! We've just created a magical adventure in an enchanted forest with sparkling creatures and a whispering river full of secrets. Now, let's reflect on our collaborative story. What did you notice about the creative process, and how did it feel to build on each other's words?

Discussion:

Encourage participants to share their thoughts on the spontaneity of the activity.

Discuss any surprising twists or turns the story took.

Highlight the collaborative nature of the exercise and how each person's contribution added a unique element to the story.

This activity not only serves as a quick icebreaker but also sets a positive and creative tone for the rest of the workshop. It allows participants to experience the power of collaboration and imagination in a short amount of time.