

MT2.4_5 Activity: Charting Your Course - Building a Simplified Budget

Goal: Get participants actively engaged in building their own personalized simplified budget.

Instructions:

1. Warm-up: Briefly discuss the importance of budgeting and its impact on achieving financial goals. Encourage participants to share their budget experiences and any anxieties they might have.
2. Setting Sail: Introduce the concept of a simplified budget as a compass for financial control and goal achievement.
3. Mapping the Seas: Guide participants through the different income and expense categories on the budget template. Explain the importance of tracking all income sources and categorizing expenses under "Needs," "Wants," and "Savings."

This activity aims to make budgeting engaging and actionable, empowering participants to take control of their finances and embark on their personal financial journey with a clear and customized roadmap.



Personal monthly
budget1.xlsx

Attachment to MT 2.4.5
Task 2.2



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