

Ice Breaker Activity MT3.5_1

"Two Truths and a Lie - Experience Edition"

Objective: This activity is designed to warm up the participants, encourage interaction, and introduce the theme of learning through experience in a fun and engaging way.

Duration: 10 minutes

Materials Needed: None

Instructions:

1. **Introduction (2 minutes):** Briefly explain the objective of the ice breaker to the participants. Mention that this is a chance to learn something new about each other and set a positive, engaging tone for the workshop.
2. **Activity Setup (1 minute):** Ask each participant to think of two true statements and one false statement about themselves related to experiences they've had. These could be professional achievements, personal adventures, or unique skills learned through experience. Encourage creativity but remind them to keep it appropriate for the workshop setting.
3. **Sharing (6 minutes):** Participants take turns sharing their three statements (without revealing which one is the lie) to the group. After each participant shares, allow the rest of the group a moment to guess which statement is the lie.
4. **Reveal (1 minute):** After the guesses, the speaker reveals the lie and, if time permits, shares a brief context or story behind the true experiences. This not only adds depth to the interaction but also ties back to the theme of learning through experience.

Wrap-Up: Conclude the activity by highlighting the diversity of experiences within the room and how these unique backgrounds contribute to a richer learning environment. Mention that the workshop will explore how to leverage such experiences for personal and professional growth.

Benefits:

- **Encourages Participation:** Getting everyone to speak early on can increase comfort levels and participation throughout the workshop.
- **Builds Connection:** Learning personal and professional experiences of others fosters a sense of community and connection.
- **Introduces Key Themes:** Sets the stage for discussions on experiential learning by highlighting the varied experiences people bring to the table.

This ice breaker is effective for setting a positive tone, encouraging openness, and emphasizing the value of learning from experience, which aligns perfectly with the workshop's objectives.