

Icebreaker Activity MT1.1-1: "Two Truths and a Dream"

Objective: To foster engagement and get participants to share interesting facts about themselves in a fun, light-hearted way, while setting a positive tone for future goal setting.

Time Required: 5-10 minutes

How It Works:

1. **Breakout Rooms** (optional): If the group is large (more than 10 participants), split them into smaller breakout rooms (4-5 people per room) to ensure everyone gets a chance to participate.
2. **Explain the Activity:**
 - Each participant will share **two truths and one dream** they have.
 - A "dream" is defined as a **future goal or aspiration**, instead of a lie.
 - Other participants then try to **guess which statements are the truths and which is the dream**.
3. **Sharing and Guessing:**
 - One by one, each participant takes a turn sharing their three statements.
 - The group guesses which are the two truths, and which is the dream.
 - After everyone has guessed, the participant reveals their dream.
4. **Example:**
 - "I have traveled to 10 countries."
 - "I speak 3 languages fluently."
 - "I want to publish my own book one day."
5. **Use of Zoom Features:**
 - Encourage participants to **use the chat** to type their guesses or share short comments.
 - Use the **raise hand feature** if they think they know which is the dream.
 - **Spotlight the speaker** when they are sharing, so all participants can focus on them.
6. **Facilitator's Role:**
 - The facilitator keeps track of time and helps move the conversation along to ensure everyone gets a turn.
 - If participants are hesitant, the facilitator can also share their own "two truths and a dream" as an example.

Outcome:

Attachment to MT
Task 2.3



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Joint development, piloting and validation of entrepreneurial mindset and key skills curricula and training materials for third countries

- This activity is intended to create a **relaxed and inclusive environment** where participants get to know one another better.
- It encourages **conversation** and helps participants **learn about each other's aspirations** while also promoting a positive mindset towards **goal setting**.

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