

Title: Group Discussion – Building a Simple Digital Learning Plan

Objective:

Encourage participants to explore digital learning by discussing skills they want to improve and sharing ideas on useful digital tools in a relaxed, interactive discussion.

Duration: 20-30 minutes

Scenario:

Imagine you want to learn or improve a skill using digital tools. What would you choose, and how would you do it?

Materials Needed:

- **None** (Just an online meeting platform with a chat or voice discussion).

Activity Steps:

1 Kickoff Discussion (5 minutes):

The facilitator asks:

- “What is one skill you would like to improve in your personal or work life?”
- Participants share their answers in the chat or by speaking.

2 Explore Digital Tools (10 minutes):

- The facilitator guides a discussion on **which digital platforms or apps** could help with those skills.
- Example prompts:
 - “Have you used online courses like Udemy or Coursera?”
 - “Does anyone use apps like Duolingo, Notion, or Trello?”

- “What free resources do you know about for learning new skills?”

3 Set Simple Goals (10 minutes):

- Each participant thinks about a **small, realistic goal** they can achieve in a week.
- Example prompt:
 - "If you want to improve time management, could you try a new planning app for one week?"
 - "If you want to learn a language, could you do 10 minutes of Duolingo each day?"
- Participants share their goal in one sentence.

Debrief (5 minutes):

- **What did you learn from the discussion?**
- **Did anyone get new ideas from others?**
- **Which digital tools seemed most useful?**

Outcome:

Participants leave with a simple, personalized idea of how they can use digital tools to improve a skill—without the pressure of detailed planning or long term commitment. 